

FLOSC Newsletter

June Edition



Introduction to the Newsletter Club

Who are we? What are we doing?

We are the newsletter club and we are a group that is made up of students and our editor Jamie-Lee. We have created this newsletter to communicate with our FLOSC parents and the community on what we are currently doing at FLOSC and give information such as recipes we have cooked, birthdays of the month, who is in front on the house point competition. Students have also written their own articles which cover physical activity, craft, the focus of the month and a short recap of the health hub. The students have worked very hard to write their articles which has included them writing observations throughout the month, talking to staff members about their activities and talking to the children about it as well.

We thank the Jagera people for sharing their country. We promise to care for the birds the animals, the land the plants, the water and the people of Jagera country everyday as we learn and play at Forest Lake Outside School Care.

Newsletter Contents

Introduction to the Newsletter Club

What happened this month at FLOSC? Articles

- Focus of the Month
- Craft
- Physical

What's happening in our clubs?

- Garden
- Sewing
- Dance

House Point Catch Up

Activities of the Month

- Physical
- Craft
- Focus
- Overall Favourite

FLOSC Birthdays
Puzzle of the Month
Recipes this Month

What is happened this month at FLOSC?

Focus of the month by Erin M

The focus of the month is partnership and community, this focuses on the partnerships between children and staff in games, craft and everyday life and the partnerships we can form with the community. Things we have done this month include the recycling game with Declan, this game focuses on what goes in the recycling or general water while teaching kids that both of these things have a purpose. This month we have wrote letter to important people in our community such as ICU nurses and community members.

Craft by Chelsea B

This month at before school care, the most popular activity for creativity was hoop gliders with Nick. The turn out of Nick's activity was roughly about 10 children who each made about 3 differently designed hoop gliders the average, rating out of 10 was 8/10. This activity allowed the children to experiment and investigate how things fly.

An activity that had a fair amount of meaning was the state origin craft with Sam m because the state of origin is a QLD and NSW tradition, and because it starts the ninth of June.



Physical by Cori M

This month in physical activity had a lot of popular games, like Capture of flag, bob tag, dance troop practice/dance parties and lastly AFL-learning in school program. Kids practicing and learning. Capture the flag is healthy, competitive and you feel pride when you achieve something in the game like capturing the flag/ball for your team or tagging someone on the other team.

Bob tag is fun and it's a game for all ages so everyone can play. We've changing up some rules to make the harder like: you can't go into the dark blue area, no babysitting and no physical misconduct, your hands have to be in front of you during scissors, paper, rock.

AFL- afl is definitely part of physical activity because it includes movement, lots of fun on Monday afternoon. A group of children participate in afterschool program. These children brought their skills and knowledge back to FLOSC, by practicing and teaching.



What's happening in our clubs? Written by Zoe D

Garden

In the month of June our clubs have been quite busy. In the garden they are growing some Passionfruit, native raspberries, strawberries, spinach and capsicum. We have started to harvest vegetables such as the capsicum which is being used in the fruit and vegetable platter during afternoon tea.

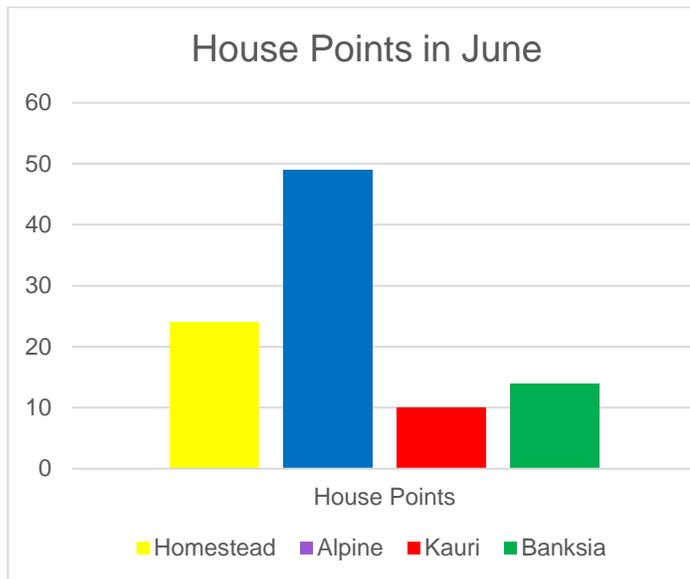


Sewing

In sewing club this month, we have been expanding and developing our skills. We have been doing this by designing and sewing scrunchies. This has tested our skills as we have worked to get the scrunch correct and working on getting the elasticity just right. We have also been learning how to hand sew, this has been an important skill used in clean finish of the scrunchies.



House Point Catch Up!!



Alpine is in the lead for the house points competition with 49 point so fair.

Homestead is coming second with 24 points! Banksia is third with 14 points and Kauri is coming last with 10 points.



Activities of the Month: Voted by the children

Physical

The physical activity of the month that was chosen by the kids was children choice. This activity includes the children being in charge of what activity is chosen for the area. This could include dodgeball, capture the flag or bob tag.

Craft

The favourite creativity activity for this month that has been chosen us is Mafia with Andrew. The children loved this activity as it allows them to role play and use their skills to tell secrets and win the game.



Activities of the Month

Focus

The favourite focus of the month activity for June that has been voted is the Newsletter Club. Which has been chosen to as it allows the children to be creative and contribute to their world and their opinions.

Overall Favourite

MAFIA
BY
ANDREW



FLOSC Birthday- June



Lazlo S

Mia B

Sophie N

Finley S

Chelsea F

Steele M

Cooper S

Araf M

Theo D

Payton R

Lily G

Claire A

Baylee O



Puzzle of the Month

You'll find me in Mercury, Earth, Mars and Jupiter, but not in Venus or Neptune. What am I?

What we cooked this month

Bacon and Spinach Cob Loaf

Ingredients

- *6 Bacon Rashers*
- *1 tsp minced garlic*
- *1 onion*
- *250g Philadelphia cheese*
- *½ cup grated parmesan*
- *1 box frozen spinach*

Method

1. Dig out the centre of the cob loaf and pull into pieces. Spread the bread pieces around on a oven proof tray.
2. Preheat the oven to 180°
3. Dice bacon and onion into small pieces
4. Fry the onion with the garlic
5. Add the bacon to the onion and garlic
6. Add spinach and mix continuously
7. Add Philadelphia cheese until all even
8. Add parmesan and mix until combined
9. Put the mix into the centre of the cob loaf
10. Place in oven at 180° until bread is crisp.
11. Enjoy